

AI for families

Your kids have a historic opportunity.

AI is the first time in history that anyone can research, translate, plan, debate and learn almost anything just by asking. The question is not whether your kids will use it, but how.

THE CORE IDEA, IN ONE SENTENCE

A child who learns to direct AI well will do, think and create exceptional things. A child who only learns to copy from it will stay the same or fall behind. The difference is decided by the habit that forms now.

Two ways to use AI

CONSUME · "DO IT FOR ME"

AI does the work

"Do my homework", "write my essay." The child hands in whatever comes out and does not understand it. Good grades for a while, but no real learning.

Not like this: "Summarize chapter 5 and write my essay."

CREATE · "DO IT WITH ME"

AI assists, the child leads

"Explain it three ways", "quiz me and tell me why." The child uses it as a coach, not a substitute. By 16, they can learn anything.

Better: "Explain chapter 5 with an example and ask me 3 questions; then check my essay without rewriting it."

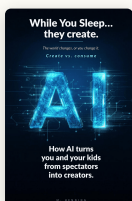
How to help at home: 5 simple habits

- 1 Ask "what did you ask it?" before looking at the result. If it was "do this for me", that is consuming; if it was "help me understand X", that is creating.
- 2 "Tell me in your own words what it says." If they can without looking at the screen, they understood it; if they only read it out, they copied it.
- 3 Remind them that AI gets things wrong, more often than it seems. If something sounds off, check it together. Nothing from a screen is automatically true.
- 4 Personal data: never. Name, address, phone or photos of themselves or others go into no chatbot. A simple, firm rule.
- 5 Celebrate the question, not the answer. A good question, specific and with context, is worth more than ten pretty answers. That is the skill of the next decade.

What we did in class

Your kids worked with tools meant for learning, not for copying. They created stories, worlds and projects of their own with AI, while keeping authorship.

This is the generation that will live the biggest expansion of AI. And the habit forms now, with you and with their teachers.



TO READ MORE AT HOME

A book for families: understand AI without fear and use it to create, not just to consume.

[The book on Amazon →](#)

The method: whileyoucreate.com/school/en

